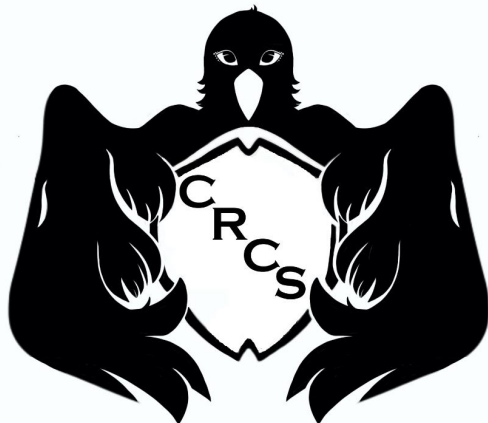


# SCHOOL VACATION MEALS



Community Regional Charter School (CRCS) community wide, FREE vacation school meal pick-up program is open to ALL area kids age 0 - age 18 in partnership with:



**5 FREE Breakfasts &  
5 FREE Lunches**

**Sign Up Survey Deadline  
Saturday, 11/21/20**

**PICK UP Wed. 11/25/20  
12pm - 6pm Time Slots Available**

**Sidewalk Pick Up Line at  
The Maine Meal  
4 Madison Ave, Skowhegan**

**Stay 6 feet apart | Masks Required**

To sign up either use  
the QR Code or the link



<https://forms.gle/ZoSfJvxD6Pu1cHbx7>

CONTACT PERSON: Melony Hull  
207-431-7657 | mhull@crsme.org

**FREE BREAKFASTS** are included with lunch:

Wed. - Cereal, Fruit, Milk  
Thurs. - Cereal, Fruit, Milk  
Fri. - Cereal, Fruit, Milk  
Sat. - Cereal, Fruit, Milk  
Sun. - Cereal, Fruit, Milk

December School Vacation Meals will be available. We will reach out with future sign up details! Menus are subject to change without notice. Low Fat Milk is served with every meal. All Bread Products meet the USDA Whole Grain requirements for the NSLP. The Maine Department of Education and the USDA are equal opportunity providers and employers.

**FREE LUNCH CHOICES** (1 option per day):

**Wed.** - Beef Stew, Maple Yeast Roll, Steamed Broccoli, 100% Juice, Milk

**Thurs.** - Turkey, Stuffing, Mashed Potatoes, Gravy, Buttered Corn, Milk

**Fri.** - Cheese Pizza, Salad Greens, Carrot Sticks, 100% Juice, Milk

**Sat.** -Yogurt Cup (2), Granola, Blueberries, Green Beans, Milk

**Sun.** - Mac & Cheese, Buttered Peas, 100% Juice Box, Milk