



## **M.S.A.D. #59**

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Dear Parent/Guardian/Staff,

March 3, 2022

Maine School Guidelines for Students/Staff who are positive for Covid:

- Must remain at home for 5 days from symptom onset. Day 0 is the 1st day symptoms began.
- Students/Staff can return to in-person learning on day 6, as long as you are wearing a mask through day 10.
- If someone in your household tests positive for Covid, you can return to school/work as long as you are symptom free.
- General rule of thumb from this point on; if a student or staff member exhibits cold or flu like symptoms, please stay home until symptoms are improving.
- Consider yourself a close contact at all times.
- You do NOT have to provide nursing staff with a negative Covid test to return to class/work.

Please call your school offices and ask to speak to the school nurse if you have any questions or concerns.

Sincerely,

The MSAD #59 Nursing Staff