

SCHOOL DAY

This school system exists to provide education to the children and young people who reside within the unit. The direct contact of competent teachers with eager students in the instructional setting is essential to effective teaching and learning. It is the intent of the Board that the maximum optimal instructional time for each age level within the student body is provided during every typical school day.

The “instructional day” is not considered to include homeroom periods, opening exercises, recess, lunch, passing times, activity periods, band practice, intramurals, other extracurricular activities and such like. Exceptions shall only be made with the approval of the Superintendent. The number of school days shall meet or exceed the state requirement and be set annually by this Board and be included in the school calendar. Abbreviated days to be included for in-service, conferences, etc., shall be kept to a minimum.

High School Level

The instructional day shall consist of 6 teaching periods, each 50 minutes in length. Double or continuous laboratory periods, modular scheduling and the like, may be approved by the Superintendent. Appropriately conducted study halls, individually scheduled for the needs of the students, shall be recognized as within the instructional day. The school year shall include at least 146 instructional hours.

Middle School Level

The instructional day shall consist of 6 hours and 30 minutes, appropriately divided and scheduled according to the middle school philosophy of this school unit. The school year shall include at least 175 days.

Elementary Level

The instructional day for grades one and higher shall consist of 6 hours and 30 minutes. The school year shall include at least 175 days.

Legal Reference: 20-A MRSA § 4801
Ch. 125 § 6.02-6.04 (Me. Dept. of Ed. Rule)

Adopted: July 2019