



Writing Menu



| | | | |
|---|--|---|---|
| Write a letter to someone special. | Write 5 words that describe you. | Write and/or draw about your favorite animal. | Write all the 3 letter words you can think of. |
| Draw a map of your bedroom and label it. | Write 3 questions you would like to ask your principal. | Write a thank you note to somebody. | Write 2 sentences about the weather. Check your punctuation. |
| Write and/or draw a story of your choice. | Write a list of words that rhyme with play. | Write a poem. It does not have to rhyme. | Write and/or draw a story of your choice. |
| Make a list of your favorite foods. | Write all the letters of the alphabet both capital and lowercase in your best handwriting. | Write and/or draw about your favorite field trip. | Write a word with your finger on someone's back and have them guess it. |
| Write about your favorite holiday. | Write your sight words in fancy letters or different colors. | Write a recipe to make your favorite food. | Write a story in the dark with a flashlight. |



Social Emotional Learning Menu

| | | | |
|--|--|--|---|
| Play emotion charades. | Share your 3 favorite yoga poses. | Practice belly breathing. | Tell about a time that you felt happy. |
| Do a sun salutation. | Talk about 5 things you are grateful for. | Write or draw what it means to be a good friend. | Discuss the emotions that you see in your favorite book. |
| Practice mindful coloring. | Play red light/green light to practice self control. | Practice sitting still for 1 minute- notice the sounds you hear. | What does it take to be a good listener? |
| Name all the emotions you can think of. | What are three coping skills you can use when you are upset? | Talk, write or draw about a time you showed or received empathy. | List 3 character traits that you have learned this year. |
| List 5 things you can see, 4 things you hear, 3 things you feel, 2 things you smell and 1 thing you can taste. | Read a book and discuss moments of caring. | Tell about a time that you felt sad. | Practice star breathing (trace the shape of a star while slowly inhaling and exhaling). |

Kindergarten Science / Social Studies Menu

| | | | |
|--|---|---|---|
| Go on a nature scavenger hunt. Draw or write about the things you found. | Imagine you are an animal. Draw or write about your day – what do you do, what is the weather like, what do you see, what other animals do you come across? | Draw or write about the different seasons (Winter, Spring, Summer, and Fall). | List or draw about community helpers. |
| Write thank you letters to people in the community. | Find five different types of rocks outside. Draw or write about each one to show what they look and feel like. | Sit outside or take a walk. Draw or write about what you see, smell, feel around you. | Look up! Draw or write what you see. |
| Draw or write about your favorite place to visit. | Tell someone in your house about someone important in your life or the community. | Find things around the house and build an animal home. | Play charades. Use animals, community members, or get creative! |
| Find objects around your house. Make predictions will they float. Put them in water and see if they sink or float. | Find things around your house and put them into categories (color, size, shape). | Object Identification. Have someone put two unknown objects in a bag and by just touching them try to identify. | Pick an item around your house and give five facts about it. |



Reading Menu



| | | | | |
|-------------------------------|--|---|--|--|
| Read to a family member. | Have a family member read to you. | Read a book about an animal. | Read a book in the dark with a flashlight. | Read a book to your family after dinner. |
| Read a book in a Silly voice. | Read inside a blanket fort. | Read a book that rhymes. | Read a book in bed. | Read a book to your pet or stuffed animal. |
| Read a funny book. | Read your favorite book. | Read a book you think might be too hard with a family member. | Read a poem. | Read a non-fiction book. |
| Read a fairy tale. | Read a book that takes place in the water. | Read a book about friends. | Read a book with a one word title. | Read a book in your kitchen. |
| Read a book about sports. | Read a book in your closet or under a table. | Read a biography. | Read a book in a comfy spot. | Read a book outside. |



Kindergarten Math Menu



| | | | |
|---|---|---|---|
| Put your number cards in order. | Practice writing the numbers from 0 to 20. | Count how many fingers are in your family. Count by 10s. | Play Go Fish with number cards. |
| Play Memory/ Concentration with number cards. | Ask someone to tell you a math story problem. Draw a picture to solve. | Choose 5 number cards. Count out objects to match each one. | Play Top It with number cards. |
| Go on a stick hunt. Line them up by size. | Play a board game like Candyland or Chutes and Ladders. | Choose a number card. Run around your yard that many times. | Choose two number cards. Write an addition story and solve it. |
| Choose a toy (legos, animals) and sort by an attribute (color, shape) | Make a puzzle. Sort and count the edge and inside pieces before you do. | Ask someone to tell you a math story problem. Use counters to solve it. | Help someone in your family make a recipe by measuring ingredients. |
| Count how many steps it takes to walk from your bed to the fridge. | Play a game of "Eye Spy" by describing things by their attributes. | Count a handful of cereal by grouping in bundles of tens and one. | Make a pattern with something in your home. |

Kindergarten Allied Arts Menu

| Art | Music | P.E. | |
|--|--|--|---|
| Create a drawing that is realistic or imaginary. | Draw some curvy lines and sing them in your warm-up voice. | Put on some music and dance. | Create an obstacle course in your house or outside. |
| Use two different materials to create a picture. | Sing! | Do some stretching or yoga. | Play hide and seek. |
| Make a sculpture. | Use your singing voice to play with your stuffies. | Make yourself a healthy snack. | Do 10 jumping jacks, 10 push-ups, and 10 sit-ups. |
| Use recycled materials to make a piece of art. | Teach your favorite music game to your family. | Play a game that requires a ball. | Go for a walk or a run. |
| World Language | | STEM | |
| Play a board, card, or dice game that uses numbers or colors (Uno, Candyland, Top-It, etc.) and say the numbers and colors in Spanish. | Color Find around the house. | Use a piece of paper or newspaper to make a hat and decorate it. | Build a tower using blocks then draw a picture of it. |
| | Word Bank: brainstorm all the words you know and write or share their meaning. | Make a fort. | Do an experiment. |